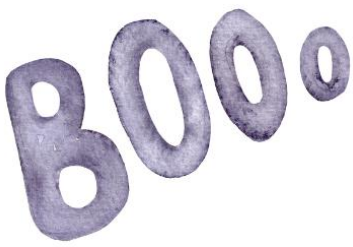


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	October Adult Day Center Activities Calendar			1 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Craft: Scratch Art Leaves 11:30 Brain Buzz 2:00 Oktoberfest Party 3:15 Welcome to October 4:00 Lucy Corr Courtroom 4:45 Free Time Activities	2 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Game Show: Price is Right 11:30 Think Fast Trivia 2:00 Taste Test: Apple Goodies 3:15 Clip Art Calendar 4:00 Finish The Phrase 4:45 Free Time Activities	3 DAILY SCHEDULE MORNING SNACK BETWEEN 10 AM & 10:30 AM LUNCH 12:00 PM TO 1:00 PM AFTERNOON SNACK BETWEEN 3:00 PM & 3:30 PM REST PERIOD 1:00 PM TO 2:00 PM
4 ALL ACTIVITIES ARE SUBJECT TO CHANGE*	5 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Elvis Sing- a-long 11:30 Mind Munchies 2:00 Memory Café: Precious Baby 3:15 Golden Arches Day 4:00 Name the Opposite 4:45 Free Time Activities	6 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 10:15 Outing: Joy Ride 11:30 Cranium Crunches 2:00 Let’s Play BINGO 3:15 Balloon Volleyball 4:00 Try Not to Laugh 4:45 Free Time Activities	7 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Dan Smith Sings 3:15 The Legacy of Lucy Corr 4:00 Rhyme Time 4:45 Free Time Activities	8 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Craft ABC Book 11:30 Brain Buzz 2:00 A Little Boo is on Her Way 3:15 Cornhole 4:00 Silly Laws of America 4:45 Free Time Activities	9 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Game Show: Jeopardy 11:30 Think Fast Trivia 2:00 Taste Test: Fall Drinks 3:15 Tour the National Mall 4:00 Penny Ante 4:45 Free Time Activities	10 
11 	12 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Hymns Sing- a-long 11:30 Mind Munchies 2:00 Memory Café: Fall Football 3:15 Columbus Day 4:00 Alphabet Game 4:45 Free Time Activities	13 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 10:15 Outing: Joy Ride 11:30 Cranium Crunches 2:00 Let’s Play BINGO 3:15 Balloon Volleyball 4:00 Spelling Bee 4:45 Free Time Activities	14 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Buzzy Lawler Sings 3:15 Oh Pooh Day 4:00 Solve the Riddle 4:45 Free Time Activities	15 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Craft: Candy Corn Buttons 11:30 Brain Buzz 2:00 Candy Corn Social 3:00 I Love Lucy Day! 4:00 Lucy Corr Courtroom 4:45 Free Time Activities	16 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Game Show: Family Feud 11:30 Think Fast Trivia 2:00 Taste Test: Pumpkin Treats 3:15 National Cat Day 4:00 Guess the Song 4:45 Free Time Activities	17 ADULT DAY CENTER DIRECTOR BAILEY PETER, CTRS, CDP ADULT DAY CENTER SUPERVISOR LINDSAY JONES PROGRAM COORDINATORS KAITLYN HORNER COLLEEN NISEWONGER VICTORIA CLOUSE KAUSHILA BHANDARI
18 FREE TIME ACTIVITIES AVAILABLE OPTIONS INCLUDE: -WORD GAMES -TABLE GAMES -PUZZLES	19 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Country Sing- a-long 11:30 Mind Munchies 2:00 Memory Café: Flavors of Fall 3:15 National Donut Day 4:00 Phrases and Sayings 4:45 Free Time Activities	20 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 10:45 Blackjack 11:00 Outing: Kristen’s Kitchen 11:30 Cranium Crunches 2:00 Let’s Play BINGO 3:15 Balloon Volleyball 4:00 Famous Faces of Halloween 4:45 Free Time Activities	21 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Joe Loschiavo Plays Piano 3:15 Reptile Awareness Day 4:00 This or That Game 4:45 Free Time Activities	22 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Craft: Fall Floral Workshop 11:30 Brain Buzz 2:00 Cozy Autumn Celebration 3:15 It’s a Guy’s Thing 4:00 Silly Laws of America 4:45 Free Time Activities	23 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Game Show: Wheel of Fortune 11:30 Think Fast Trivia 2:00 Universal Yums Box 3:15 World Series Starts 4:00 Jeopardy 4:45 Free Time Activities	24 
25 	26 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Spooky Sing- a-long 11:30 Mind Munchies 2:00 Memory Café: Halloween 3:15 National Pumpkin Day 4:00 Give Me 5 4:45 Free Time Activities	27 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 10:15 Outing: Joy Ride 11:30 Cranium Crunches 2:00 Let’s Play BINGO 3:15 Balloon Volleyball 4:00 A to Z Word Game 4:45 Free Time Activities	28 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Carla Kay Sings 3:15 First Responders Day 4:00 Guess the Logo Quiz 4:45 Free Time Activities	29 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Craft: Personalized Pumpkins 11:30 Brain Buzz 2:00 Halloween Social 3:15 Ladder ball 4:00 Lucy Corr Courtroom 4:45 Free Time Activities	30 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Game Show: Singing Bee 11:30 Think Fast Trivia 2:00 Taste Test: Halloween Candy 3:15 Jack-o’-Lantern Day 4:00 Knock Knock Jokes 4:45 Free Time Activities	31 CONTACT US ADULT DAY CENTER 804-706-5695 LUCY CORR MAIN LINE 804-748-1511 ADDRESS 6800 LUCY CORR BLVD. CHESTERFIELD, VA 23832