

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUGUST 2026 HEALTHCARE ACTIVITY CALENDAR				LOCATION KEY O – Outing D– Dale MD—Midlothian MT– Matoaca P– Patio	LOCATION KEY AN—All Neighborhoods RTR—Room to Room MA—Mast Auditorium FH—Fellowship Hall	1 8:45 Daily Chronicle Pass [AN] 11:30 Balloon Volleyball [FH] 11:45 Linked Senior [FH] 12:00 Urban Myths [FH] 2:45 Movie Matinee [FH]
2 8:45 Packet/Devotional Pass [RTR] 10:30 Music and Movement [FH] 10:30 Catholic Communion [RTR] 11:00 Brain Teasers [FH] 2:30 Church Service: Faith Landmark Church [MA]	3 WATERMELON DAY! 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 All About August [FH] 11:30 Watermelon Wonders [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	4 CHOCOLATE CHIP COOKIE DAY! 8:45 Daily Chronicle Pass [AN] 10:30 Bowling [FH] 11:00 Cookie Baking [FH] 11:00 Craft: Windchimes [FH] 2:30 Manicures and Music [FH] 4:00 Hydration Cart [RTR]	5 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Food Club: Smoothie Spot [FH] 11:30 Would you Rather? [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	6 8:45 Daily Chronicle Pass [AN] 10:30 Summer Dance Party [FH] 11:00 Pass the Prize [FH] 11:30 You be the Judge FH] 2:30 Buzzy Lawler Performs [FH] 4:00 Hydration Cart [RTR]	7 8:45 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 11:00 Family Feud [FH] 11:30 Explore the Globe [FH] 2:00 Bingo Store on Wheels [RTR] 2:00- Midlo 2:30 - Dale 3:00 - Matoaca	8 8:45 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 11:30 Fact or Crap Trivia [FH] 2:30 Country Style Line Dancers [MA]
9 8:45 Packet/Devotional Pass [RTR] 10:30 Music and Movement [FH] 10:30 Catholic Communion [RTR] 11:00 Brain Teasers [FH] 2:30 Church Service: Mt. Gillead Church [MA]	10 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 Finish the Phrase [FH] 11:30 Roll the Dice and Deal the Cards Group [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	11 8:45 Daily Chronicle Pass [AN] 10:30 Spin the Wheel Exercise [FH] 11:00 Name 5 [FH] 11:30 Craft: Summer Popsicles [FH] 2:30 Tom May Plays the Flute [FH] 4:00 Hydration Cart [RTR]	12 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Food Club: Trail Mix [FH] 11:30 Finish the Phrase [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	13 8:45 Daily Chronicle Pass [AN] 10:30 Out of the Hat Exercise [FH] 11:00 Short Stories [FH] 11:30 Dear Abby [FH] 2:00 Outing: Walmart [O] 2:00 Movie Matinee [FH] 4:00 Hydration Cart [RTR]	14 CREAMSICLE DAY! 8:45 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 11:00 Summer Roll the Dice [FH] 11:00 Creamsicle Pass [FH] 11:30 Explore the Globe [FH] 2:00 Outing: Joy Ride [O] 2:30 Horseracing [FH] 4:00 Hydration Cart [RTR]	15 8:45 Daily Chronicle Pass [AN] 11:30 Balloon Volleyball [FH] 11:45 Linked Senior [FH] 12:00 Urban Myths [FH] 3:00 Karaoke! [FH] 3:30 Summer Key Chains [FH]
16 8:45 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 11:15 Music and Movement [FH] 11:45 Brain Teasers [FH] 2:30 Church Service: Amazing Grace World Fellowship [MA]	17 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 Coffee & Current Events [FH] 11:30 Morning Mingle [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	18 NATIONAL COUPLES DAY 8:45 Daily Chronicle Pass [AN] 10:30 Bowling [FH] 11:00 Famous Couples [FH] 11:30 Words in a Word [FH] 12:00 Outing: Chester Airport [O] 2:30 Movie Matinee [FH] 4:00 Hydration Cart [RTR]	19 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Virtual Travel [FH] 11:30 Universal Yums [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	20 8:45 Daily Chronicle Pass [AN] 10:30 Ball Toss [FH] 11:00 Summer Pictionary [FH] 11:30 This or That? [FH] 2:30 Resident Council [FH] 2:30 Popcorn Pass [RTR]	21 8:45 Daily Chronicle Pass [AN] 10:30 Kevin Salyer Sings [FH] 2:30 Chair Yoga [FH] 3:00 Penny Prize Toss [FH] 4:00 Hydration Cart [RTR]	22 8:45 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 11:30 Fact or Crap Trivia [FH] 2:00 Bingo MD/MT [FH] 3:15 Bingo D/B [FH]
23 8:45 Packet/Devotional Pass [RTR] 10:30 Music and Movement [FH] 10:30 Catholic Communion [RTR] 11:00 Brain Teasers [FH] 2:30 Church Service: New Hope Church [MA]	24 8:45 Daily Chronicle Pass [AN] 10:30 Fun Drum with Terrie [FH] 11:00 Name that Slogan [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]	25 8:45 Daily Chronicle Pass [AN] 10:30 Ring Toss [FH] 11:00 Word Association [FH] 11:30 Craft: Beach Shells [FH] 2:30 Mark Mills Performs [FH] 4:00 Hydration Cart [RTR]	26 NATIONAL DOG DAY! 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Name that Dog [FH] 11:00 Outing: Joy Ride [O] 11:30 Dog Trivia [FH] 2:30 Paint and Sip [FH] 6:30 John Ellis Performs [FH]	27 8:45 Daily Chronicle Pass [AN] 10:30 Basketball [FH] 11:00 What Am I? [FH] 11:30 Guess that Price [FH] 2:30 Bingo [MA] 4:00 Hydration Cart [RTR]	28 8:45 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 11:00 Jeopardy [FH] 11:30 Explore the Globe [FH] 2:30 August Birthday Party [FH] 4:00 Hydration Cart [RTR]	29 8:45 Daily Chronicle Pass [AN] 11:30 Balloon Volleyball [FH] 11:45 Linked Senior [FH] 12:00 Urban Myths [FH] 3:00 Black Jack [FH] 3:15 Magazine Hunt, Music, and Munchies [FH]
30 8:45 Packet/Devotional Pass [RTR] 10:30 Muisc and Movement [FH] 10:30 Catholic Communion [RTR] 11:00 Brain Teasers [FH] 2:30 Church Service: Nazarene Church [MA]	31 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 Manicures and Music [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]		ACTIVITIES TEAM: Director: Kayla Roane : CTRS Asst Director: Catherine Heard Kellie Morris Kimberly Grimes	ACTIVITIES TEAM: Evelyn Olnick : CH Unit Brittni Murray : CH unit Isabel Tabadero (PT– Cloverhill) Jessica White (PT)		*ALL ACTIVITIES ARE SUBJECT TO CHANGE*