

SUN	MON	TUE	WED	THUR	FRI	SAT
						1:30 AFTERNOON MOVIE- QUEEN BEES (SIGN UP REQUIRED) (THEATER)1
12:00 BRUNCH (THE BISTRO) 1:00 NATIONAL ICE CREAM SANDWICH DAY (THE BISTRO) 1:30 AFTERNOON THEATER - AND SO IT GOES (SIGN UP REQUIRED) (THEATER) 3:00 BINGO! (THE BISTRO) 5:00 POT LUCK DINNER - FIRST FLOOR APARTMENTS (THE PUB)	28:00 SLOW PACED WALKING GROUP WITH JO (MEET IN THE LOBBY) 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8:30 HINGES & TWINGES (Exercise Room) 11:00 COFFEE & KITCHEN (Private Dining Room) 1:00 NATIONAL WATERMELON DAY (THE BISTRO) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK) 6:00 MEXICAN TRAIN (COFFEE NOOK)	38:00 WALKING CLUB 10:30 OLDIE BUT A GOODIE MOVIE - THE PHILADELPHIA STORY (SIGN UP REQUIRED) (THEATER) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 SPRINGDALE WELCOMES STEVE NEAL (Private Dining Room) 7:00 BINGO	48:00 SLOW PACED WALKING GROUP WITH JO (MEET IN THE LOBBY) 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8:30 HINGES & TWINGES (Exercise Room) 1:30 MONTHLY BIRTHDAY/ANNIVERSARY PARTY (THE BISTRO) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 LINE DANCING WITH RENEE (Exercise Room) 6:00 SPRINGDALE WELCOMES TOM MAY (THE BISTRO)	68:00 WALKING CLUB 11:30 AGECROFT HALL & GARDENS (SIGN UP REQUIRED) (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 1:30 NATIONAL ROOT BEER FLOAT DAY (THE BISTRO) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 SPINNER DOMINOES (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM)	78:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 10:00 WEEKLY SHOPPING TRIP 1:00 CONNER FARRISH BLOOMISTRY (Private Dining Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	1:30 AFTERNOON MOVIE- GREEN AND GOLD (SIGN UP REQUIRED) (THEATER)8
12:00 BUFFET (THE BISTRO) 1:30 AFTERNOON THEATER - RAISING HELEN (SIGN UP REQUIRED) (THEATER) 3:00 BINGO! (THE BISTRO) 5:00 POTLUCK DINNER - SECOND FLOOR APARTMENTS (THE PUB)	98:00 SLOW PACED WALKING GROUP WITH JO (MEET IN THE LOBBY) 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8:30 HINGES & TWINGES (Exercise Room) 1:00 HANDIWORK GROUP (THE PUB) 1:30 RESIDENT COUNCIL MEETING (Private Dining Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 BOOK TALK WITH BRENT TARTER (THE PUB) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK) 6:00 MEXICAN TRAIN (COFFEE NOOK)	118:00 WALKING CLUB 10:30 OLDIE BUT A GOODIE MOVIE- PARENTHOOD (SIGN UP REQUIRED) (THEATER) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 LADIES SOCIAL (THE PUB) 7:00 BINGO	128:00 WALKING CLUB 10:30 DIAMOND PAINTING EYE GLASS CASE (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 SPINNER DOMINOES (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM)	138:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	148:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	158:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)
12:00 BRUNCH (THE BISTRO) 1:30 AFTERNOON THEATER - MY BIG FAT GREEK WEDDING 2 (SIGN UP REQUIRED) (THEATER) 3:00 BINGO! (THE BISTRO) 5:00 POTLUCK DINNER - THIRD FLOOR APARTMENTS (THE PUB)	168:00 SLOW PACED WALKING GROUP WITH JO (MEET IN THE LOBBY) 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8:30 HINGES & TWINGES (Exercise Room) 10:30 TRIP TO THE DOLLAR TREE (SIGN UP REQUIRED) (MEET IN THE LOBBY) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK) 6:00 MEXICAN TRAIN (COFFEE NOOK)	188:00 WALKING CLUB 10:30 OLDIE BUT A GOODIE MOVIE - APOLLO 13 (SIGN UP REQUIRED) (THEATER) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 IT TOUCH TOWN TRAINING WITH JERRY & ADAM (THE PUB) 7:00 BINGO	198:00 WALKING CLUB 10:30 DEVOTIONS WITH PASTOR DON (Private Dining Room) 11:45 GOLF CART I SPY SCAVENGER HUNT (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 TOWN HALL MEETING (THE BISTRO) 7:00 BINGO	208:00 WALKING CLUB 11:00 LUNCH BUNCH - EL PATRON (SIGN UP REQUIRED) (MEET IN THE LOBBY) 12:00 NATIONAL LEMONADE DAY (THE BISTRO) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 SPINNER DOMINOES (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM)	218:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	1:30 AFTERNOON MOVIE- TICKET TO PARADISE (SIGN UP REQUIRED) (THEATER)22
12:00 BRUNCH (THE BISTRO) 1:30 AFTERNOON THEATER - THE CLIENT (SIGN UP REQUIRED) (THEATER) 3:00 BINGO! (THE BISTRO) 5:00 POTLUCK DINNER - FOURTH FLOOR APARTMENTS (THE PUB)	238:00 SLOW PACED WALKING GROUP WITH JO (MEET IN THE LOBBY) 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8:30 HINGES & TWINGES (Exercise Room) 1:00 HANDIWORK GROUP (THE PUB) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 FOREFRONT DINING SERVICES MEETING (Private Dining Room) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK) 6:00 MEXICAN TRAIN (COFFEE NOOK)	258:00 WALKING CLUB 10:30 DEVOTIONS WITH PASTOR DON (Private Dining Room) 11:45 GOLF CART I SPY SCAVENGER HUNT (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 TOWN HALL MEETING (THE BISTRO) 7:00 BINGO	268:00 WALKING CLUB 10:30 DEVOTIONS WITH PASTOR DON (Private Dining Room) 11:45 GOLF CART I SPY SCAVENGER HUNT (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 TOWN HALL MEETING (THE BISTRO) 7:00 BINGO	278:00 WALKING CLUB 10:30 RICHLANDS DAIRY FARM (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 SPINNER DOMINOES (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM) 6:30 RICHMOND CADET ALUMNI BAND (THE BISTRO)	288:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	298:00 WALKING CLUB 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)
12:00 BRUNCH (THE BISTRO) 1:30 AFTERNOON THEATER - A DOG'S JOURNEY (SIGN UP REQUIRED) (THEATER) 3:00 BINGO! (THE BISTRO) 5:00 POTLUCK DINNER - THE COTTAGES (THE PUB)	308:00 SLOW PACED WALKING GROUP WITH JO (MEET IN THE LOBBY) 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8:30 HINGES & TWINGES (Exercise Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK) 6:00 MEXICAN TRAIN (COFFEE NOOK)	31				

August 2026

INDEPENDENT LIVING Sandra Beam, Director of Health Services 804-706-5677

