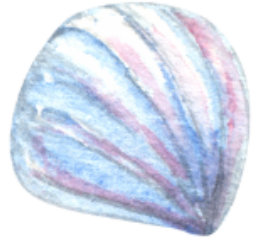


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
2 	3 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Martha Stewart Inspired Dish 11:30 Mind Munchies 2:00 Craft: Dog Biscuits 3:00 National NBA Day 4:00 Welcome to August 4:45 Free Time Activities	4 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 10:00 Outing: Joy Ride 11:30 Cranium Crunches 2:00 BINGO! 3:15 Afternoon Stretch 4:00 Family Feud 4:45 Free Time Activities	5 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Mary Stella Sings 3:15 Penny Pinching 4:00 Finish the Phrase 4:45 Free Time Activities	6 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Art Studio 11:30 Brain Buzz 2:00 Taste Test Thursday 3:00 Whack a Mole 4:00 Guess Who? 4:45 Free Time Activities	7 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Let's Make Music: Motown 11:30 Think Fast Trivia 2:00 Dog Days of Summer Social 3:15 National Lighthouse Day 4:00 Friday at the Movies 4:45 Free Time Activities	1/8 DAILY SCHEDULE MORNING SNACK BETWEEN 10 AM & 10:30 AM LUNCH 12:00 PM TO 1:00 PM AFTERNOON SNACK BETWEEN 3:00 PM & 3:30 PM REST PERIOD 1:00 PM TO 1:45 PM
9 *ALL ACTIVITIES ARE SUBJECT TO CHANGE*	10 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Elvis' Favorite Snack 11:30 Mind Munchies 2:00 Craft: Elvis' Guitar 3:00 Elvis Live in Concert 4:00 Spelling Bee 4:45 Free Time Activities	11 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 11:30 Cranium Crunches 1:00 Outing: Donut Scoop 2:00 BINGO! 3:15 Afternoon Stretch 4:00 Elvis Trivia 4:45 Free Time Activities	12 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Joe Loschiavo Plays Piano 3:15 All About Graceland 4:00 Wheel of Fortune 4:45 Free Time Activities	13 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Art Studio 11:30 Brain Buzz 2:00 Taste Test Thursday 3:00 Hungry Hippo 4:00 Penny Ante 4:45 Free Time Activities	14 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Let's Make Music: Elvis 11:30 Think Fast Trivia 2:00 King of Rock and Roll Social 3:15 Elvis Photoshoot 4:00 Friday at the Movies 4:45 Free Time Activities	15 
16 	17 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Tea Party 11:30 Mind Munchies 2:00 Craft: Picture Frame 3:15 All About Watermelon 4:00 The Price is Right 4:45 Free Time Activities	18 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 10:00 Outing: Joy Ride 11:30 Cranium Crunches 2:00 BINGO! 3:15 Afternoon Stretch 4:00 Try Not to Laugh 4:45 Free Time Activities	19 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Buzzy Lawler Sings 3:15 Manicures with Kaitlyn 4:00 Solve the Riddle 4:45 Free Time Activities	20 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Art Studio 11:30 Brain Buzz 2:00 Taste Test Thursday 3:00 Cornhole 4:00 Big Word Little Word 4:45 Free Time Activities	21 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Let's Make Music: Country 11:30 Think Fast Trivia 2:00 The Lucy Corr Fair Social 3:15 The Golden Gala Awards 4:00 Friday at the Movies 4:45 Free Time Activities	22 ADULT DAY CENTER DIRECTOR BAILEY PETER, CTRS, CDP ADULT DAY CENTER SUPERVISOR LINDSAY JONES PROGRAM COORDINATORS KAITLYN HORNER COLLEEN NISEWONGER JAYLEAN CASSADA VICTORIA CLOUSE
23 FREE TIME ACTIVITIES AVAILABLE OPTIONS INCLUDE: -WORD GAMES -TABLE GAMES -PUZZLES	24 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Waffle House Party 11:30 Mind Munchies 2:00 Craft: Coffee Filter Flowers 3:15 Schoolhouse Stories 4:00 True or False 4:45 Free Time Activities	25 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Early Bird Movie 11:00 Outing: Chick-Fil-A 11:30 Cranium Crunches 2:00 BINGO! 3:15 Afternoon Stretch 4:00 Finish the Phrase 4:45 Free Time Activities	26 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Workout Wednesday 10:45 Peace, Praise & Coloring 11:30 Table Talk Trivia 2:00 Claudia Carawan Sings 3:15 Kids Say the Darndest Things 4:00 Sum It Up 4:45 Free Time Activities	27 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Take a Stretch Thursday 10:45 Art Studio 11:30 Brain Buzz 2:00 Taste Test Thursday 3:00 Skee-ball 4:00 Name That Tune 4:45 Free Time Activities	28 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Friday Fun & Fitness 10:45 Let's Make Music: Disco 11:30 Think Fast Trivia 2:00 Sunflower Social 3:15 I Have a Dream 4:00 Friday at the Movies 4:45 Free Time Activities	29 
30 	31 8:00 Breakfast & Broadcast 9:45 Morning Mingle 10:00 Music & Motion Monday 10:45 Trail Mix Day 11:30 Mind Munchies 2:00 Craft: Race Car 3:15 Checkered Flag Challenge 4:00 Myths & Legends 4:45 Free Time Activities	August Adult Day Center Activities Calendar				CONTACT US ADULT DAY CENTER 804-706-5695 LUCY CORR MAIN LINE 804-748-1511 ADDRESS 6800 LUCY CORR BLVD. CHESTERFIELD, VA 23832