

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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1
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Seated Boogie
 10:45 Healing Sounds: Country
 11:30 Table Talk Trivia
 2:00 Memory Café: Beach
 3:00 Craft: Ocean Animals
 4:00 Welcome to June
 4:45 Free Time Activities

2
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Sit & Strengthen
 10:45 Morning in Italy
1:00 Outing: Wally's
 2:00 Hymns, Hope & Friendship
 3:00 Indoor Fishing
 4:00 Who Am I?
 4:45 Free Time Activities

3
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Gentle Stretch
 10:45 ADC Casino: Blackjack
 11:30 Midday Mind Teasers
2:00 Mary Stella Sings
 3:15 Lucy Corr Courtroom
 4:00 Categories Race
 4:45 Free Time Activities

4
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Feel Good Fitness
 10:45 BINGO!
 11:30 Bite-Sized Brain Game
 2:00 Taste Test Thursday
 3:00 Guess the Song
 4:00 Fresh Air on the Patio
 4:45 Free Time Activities

5
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Cardio Drumming
 10:45 The Art Studio
 11:30 Trivia at the Table
2:00 Gone Fishin' Social
 3:15 Dance Party
 4:00 This or That
 4:45 Free Time Activities

6 DAILY SCHEDULE

MORNING SNACK
 BETWEEN 10 AM & 10:30 AM
LUNCH
 12:00 PM TO 1:00 PM
AFTERNOON SNACK
 BETWEEN 3:00 PM & 3:30 PM
REST PERIOD
 1:00 PM TO 1:45 PM

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 *ALL ACTIVITIES ARE
 SUBJECT TO CHANGE*

8
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Seated Boogie
 10:45 Healing Sounds: Rock N Roll
 11:30 Table Talk Trivia
 2:00 Memory Café: Sports
 3:00 Craft: Ladybug Rocks
 4:00 Decades Trivia
 4:45 Free Time Activities

9
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Movie and Popcorn
10:00 Outing: Joy Ride
 11:30 Cranium Crunches
 2:00 Hymns, Hope & Friendship
 3:00 Sit & Strengthen
 4:00 Phrases and Sayings
 4:45 Free Time Activities

10
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Gentle Stretch
 10:45 ADC Casino: Slot Machine
 11:30 Midday Mind Teasers
2:00 Joe Loschiavo Plays Piano
 3:15 Lucy Corr Courtroom
 4:00 Try Not to Laugh
 4:45 Free Time Activities

11
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Feel Good Fitness
 10:45 BINGO!
 11:30 Bite-Sized Brain Game
 2:00 Taste Test Thursday
 3:00 Penny Ante
 4:00 Fresh Air on the Patio
 4:45 Free Time Activities

12
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Cardio Drumming
 10:45 The Art Studio
 11:30 Trivia at the Table
2:00 60s Soda Shop Social
 3:15 Karaoke
 4:00 Name That Logo
 4:45 Free Time Activities



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15
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Seated Boogie
 10:45 Healing Sounds: Motown
 11:30 Table Talk Trivia
 2:00 Memory Café: Fathers
 3:00 Craft: Tie Dye T-shirts
 4:00 Jeopardy
 4:45 Free Time Activities

16
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Sit & Strengthen
11:00 Outing: Brock's BBQ
 11:30 Cranium Crunches
 2:00 Hymns, Hope & Friendship
 3:00 Cornhole
 4:00 Name 5
 4:45 Free Time Activities

17
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Gentle Stretch
 10:45 ADC Casino: Roulette
 11:30 Midday Mind Teasers
2:00 Jeff Beatman Sings
 3:15 Lucy Corr Courtroom
 4:00 Big Word Little Word
 4:45 Free Time Activities

18
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Feel Good Fitness
 10:45 BINGO!
 11:30 Bite-Sized Brain Game
 2:00 Taste Test Thursday
 3:00 Higher or Lower
 4:00 Fresh Air on the Patio
 4:45 Free Time Activities

19
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Cardio Drumming
 10:45 The Art Studio
 11:30 Trivia at the Table
2:00 Father's Day Social
 3:15 Dance Party
 4:00 Juneteenth Trivia
 4:45 Free Time Activities

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ADULT DAY CENTER DIRECTOR
 BAILEY PETER, CTRS, CDP
ADULT DAY CENTER SUPERVISOR
 LINDSAY JONES
PROGRAM COORDINATORS
 KAITLYN HORNER
 COLLEEN NISEWONGER
 JAYLEAN CASSADA
 DESTINY WHITE

21

FREE TIME ACTIVITIES
 AVAILABLE OPTIONS INCLUDE:
 -WORD GAMES
 -TABLE GAMES
 -PUZZLES

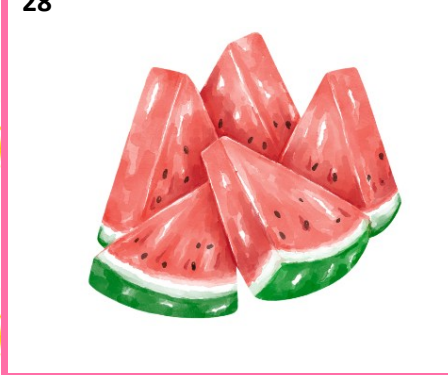
22
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Seated Boogie
 10:45 Healing Sounds: Elvis
 11:30 Table Talk Trivia
 2:00 Memory Café: Careers
 3:00 Craft: Button Watermelons
 4:00 Funny Animal Video
 4:45 Free Time Activities

23
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Movie and Popcorn
10:00 Outing: Joy Ride
 11:30 Cranium Crunches
 2:00 Hymns, Hope & Friendship
 3:00 Sit & Strengthen
 4:00 Riddle Time
 4:45 Free Time Activities

24
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Gentle Stretch
 10:45 ADC Casino: Blackjack
 11:30 Midday Mind Teasers
2:00 James Curry Sings
 3:15 Lucy Corr Courtroom
 4:00 Name that Tune
 4:45 Free Time Activities

25
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Feel Good Fitness
10:30 Jamie Lloyd Sings
 11:30 Bite-Sized Brain Game
 2:00 Universal Yums
 3:00 BINGO!
 4:00 Fresh Air on the Patio
 4:45 Free Time Activities

26
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Cardio Drumming
 10:45 The Art Studio
 11:30 Trivia at the Table
2:00 Summer Breeze Social
 3:15 Karaoke
 4:00 Alphabet Game
 4:45 Free Time Activities



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29
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Seated Boogie
 10:45 Healing Sounds: Gospel
 11:30 Table Talk Trivia
 2:00 Memory Café: Pets
 3:00 Craft: Bird Feeder
 4:00 Correct Spelling Quiz
 4:45 Free Time Activities

30
 8:00 Breakfast & Broadcast
 9:45 Morning Mingle
 10:00 Seated Cardio Kick Boxing
 10:45 A Century of Style
11:30 Patio Picnic
 2:00 Hymns, Hope & Friendship
 3:00 Football Throw
 4:00 Price is Right: Picnic Edition
 4:45 Free Time Activities

June Adult Day Center Activities Calendar

CONTACT US

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 804-748-1511
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