

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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LOCATION KEY
 AN—All Neighborhoods
 RTR—Room to Room
 MA—Mast Auditorium
 FH—Fellowship Hall
 O – Outing
 D– Dale
 MD—Midlothian
 MT– Matoaca
 P– Patio

<p>7 8:45 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 11:15 Music and Movement [FH] 11:45 Brain Teasers [FH] 2:30 Church Service: Faith Landmark Church [MA]</p>	<p>8 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 10:30 Hydration Cart [RTR] 11:00 Coffee & Current Events [FH] 11:30 This or That [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]</p>	<p>9 8:45 Daily Chronicle Pass [AN] 10:30 Exercise [FH] 11:00 Brain Games [FH] 11:15 Craft: Octopus [FH] 2:00 Outing: Joy Ride [O] 2:30 Buzzy Lawler Performs [FH] 4:00 Hydration Cart</p>	<p>10 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 10:30 Hydration Cart [AN] 11:00 Food Club: Fruit Parfait [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING] 6:30 Joe Loschiavo Sings [FH]</p>	<p>11 8:45 Daily Chronicle Pass [AN] 10:30 Soccer [FH] 11:00 OMA Art Program [FH] 11:00 World Cup Trivia [FH] 11:30 Soccer Unscramble [FH] 2:00 Manicures and Music [FH] 4:00 Hydration Cart [RTR]</p>	<p>12 8:45 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 10:30 Hydration Cart [AN] 11:00 Deal or No Deal [FH] 11:30 Name 5 [FH] 2:30 Bingo Store [FH] 2:30 Midlo 2:45 Dale 3:00 Matoaca</p>	<p>13 8:45 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 11:30 Fact or Crap Trivia [FH] 2:30 Country Style Line Dancers [MA]</p>
<p>14 8:45 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 10:30 Music and Movement [FH] 11:00 Brain Teasers [FH] 2:30 Church Service: Mt. Gilead Church [MA]</p>	<p>15 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 10:30 Hydration Cart [RTR] 11:00 What Came First? [FH] 11:30 Morning Mingle [FH] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]</p>	<p>16 8:45 Daily Chronicle Pass [AN] 10:30 Exercise [FH] 10:30 Hydration Cart [AN] 11:00 Hangman [FH] 11:15 Craft: CNA Cards [FH] 2:30 Carla Kay Sings [FH]</p>	<p>17 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 10:30 Hydration Cart [AN] 11:00 Spice Up Your Life w/ Dietician 11:30 Outing: Picnic at the Park [O] 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]</p>	<p>18 8:45 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 OMA Art Program [FH] 11:00 Finish the Phrase [FH] 11:30 Riddles and Jokes [FH] 2:30 Resident Council [FH] 2:30 Hydration Cart [AN] 4:00 Friendly Visits [RTR]</p>	<p>19 JUNETEENTH 8:45 Daily Chronicle Pass [AN] 10:30 Kevin Salyer Sings [FH] 2:30 Chair Yoga [FH] 3:00 Famous Figures [FH] 3:30 Juneteenth Trivia [FH]</p>	<p>20 8:45 Daily Chronicle Pass [AN] 11:15 Balloon Volleyball [FH] 11:30 Linked Senior [FH] 11:45 Urban Myths [FH] 2:45 Door Decorations [FH] 3:30 Penny Ante [FH]</p>
<p>21 FATHERS DAY 8:45 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 11:15 Music and Movement [FH] 11:45 Fathers Day Word Games and Memories [FH] 2:30 Church Service: Amazing Grace World Fellowship [MA]</p>	<p>22 8:45 Daily Chronicle Pass [AN] 10:30 Fun Drum w/ Terrie [FH] 11:00 Outing: Joy Ride [O] 11:30 Dear Abby [FH] 2:30 Father’s Day Social [FH]</p>	<p>23 8:45 Daily Chronicle Pass [AN] 10:30 Exercise [FH] 11:00 Bingo Store on Wheels [RTR] Matoaca, Midlo, Dale 2:30 Bingo MD/MT [FH] 3:00 Bingo D/B [DALE DINING]</p>	<p>24 8:45 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Banana Popsicles [FH] 11:30 Name that Fruit [FH] 2:30 Higher or Lower [FH] 3:00 Bidding Bash [FH]</p>	<p>25 8:45 Daily Chronicle Pass [AN] 10:30 Exercise [FH] 11:00 OMA Art Program [FH] 11:00 History of Bomb Pop [FH] 11:30 Bomb Pop Taste Test [FH] 2:30 Jamie Lloyd Performs [FH] 4:00 Hydration Cart [RTR]</p>	<p>26 8:45 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 11:00 Paint and Sip [FH] 2:00 Movie Matinee [FH]</p>	<p>27 8:45 Daily Chronicle Pass [AN] 11:15 Balloon Volleyball [FH] 11:30 Linked Senior [FH] 11:45 Fact or Crap Trivia [FH] 2:45 Penny Ante [FH] 3:00 Karaoke! [FH] 3:30 Guess in 10 [FH]</p>

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8:45 Packet/Devotional Pass [RTR]
10:30 Catholic Communion [RTR]
11:15 Music and Movement [FH]
11:45 Brain Teasers [FH]
2:30 Church Service: New Hope Church [MA]

29
8:45 Daily Chronicle Pass [AN]
10:30 Exercise Circle [FH]
11:00 Family Feud [FH]
11:30 Morning Mingle [FH]
2:30 Bingo MD/MT [FH]
3:00 Bingo D/B [DALE DINING]

30
8:45 Daily Chronicle Pass [AN]
10:30 Exercise [FH]
10:30 Hydration Cart [AN]
11:00 Odd one Out [FH]
11:30 Finish the Lyrics [FH]
2:30 June Birthday Party [FH]

JUNE 2026 HEALTHCARE ACTIVITY CALENDAR

ALL ACTIVITIES ARE SUBJECT TO CHANGE

ACTIVITIES TEAM:
 Director: Kayla Roane : CTRS
 Asst Director: Catherine Heard
 Kellie Morris
 Jasmine Bryant
 Crystal Andino
 Jessica White (PT)