

SUN	MON	TUE	WED	THUR	FRI	SAT
					8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 1 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	HAPPY BIRTHDAY MARIFRED STALKER 1:30 AFTERNOON MOVIE - HIDDEN FIGURES (SIGN UP REQUIRED) (THEATER) 2
HAPPY BIRTHDAY WAYNE RESCH 1:15 OMA ART SHOW IN ASSISTED LIVING 1:30 AFTERNOON THEATER- DIANA THE MUSICAL (SIGN UP REQUIRED) (THEATER) 3:00 Bingo! (THE BISTRO) 3	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 4 10:00 PUBLIX SHOPPING TRIP (MEET IN THE LOBBY) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 SPRINGDALE WELCOMES MARK MILLS (THE BISTRO) 6:00 MEXICAN TRAIN (COFFEE NOOK)	Cinco de Mayo RECYCLE DAY FOR COTTAGES 9:00 WALKING CLUB 5 10:30 OLDIE BUT A GOODIE MOVIE- WHEN HARRY MET SALLY (SIGN UP REQUIRED) (THEATER) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 SPRINGDALE WELCOMES STEVE NEAL (Private Dining Room) 7:00 BINGO	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 6 1:30 MONTHLY BIRTHDAY/ ANNIVERSARY PARTY (THE BISTRO) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 LINE DANCING WITH RENEE (THE BISTRO)	9:00 Beauty Salon 7 9:00 WALKING CLUB 9:45 VISIT TO MAYMONT PARK & MANSION TOUR (SIGN UP REQUIRED) (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 SPINNER DOMINOES (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM)	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 8 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 1:00 CONNER PARRISH BLOOMISTRY (Private Dining Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	1:30 AFTERNOON MOVIE - BATTERIES NOT INCLUDED(SIGN UP REQUIRED) (THEATER) 9
Mother's Day 12:00 MOTHER'S DAY LUNCH BUFFET (SIGN UP WITH THE CONCIERGE) (THE BISTRO) 10 2:00 TIBANGA FAMILY MUSICIANS (THE BISTRO) 3:00 Bingo! (THE BISTRO)	HAPPY BIRTHDAY BOB SZAFRANSKI 8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 11 10:30 BIBLE STUDY WITH MRS. LINDA (Private Dining Room) 1:00 HANDIWORK GROUP (THE PUB) 1:30 RESIDENT COUNCIL MEETING (Private Dining Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 SARAH LANE GONZALEZ , ESP (SIGN UP WITH CONCIERGE) (Private Dining Room) 6:00 MEXICAN TRAIN (COFFEE NOOK)	HAPPY BIRTHDAY PATTIE ARWOOD 9:00 WALKING CLUB 12 10:30 OLDIE BUT A GOODIE MOVIE- SAVING PRIVATE RYAN (SIGN UP REQUIRED) (THEATER) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 LADIES SOCIAL (THE PUB) 7:00 BINGO	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 13 8:45 EARNEST FOOT & ANKLE PODIATRY (MEET IN THE LOBBY) 10:30 LET'S TALK - DR. RODNEY KIBLER, PhD., L.S.P., L.P.C. (Private Dining Room) 1:00 COFFEE AND CHAT WITH REHAB (sign up with the concierge) (MEET IN THE BISTRO) 1:00 NATIONAL APPLE PIE DAY (THE BISTRO) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 LINE DANCING WITH RENEE (THE BISTRO)	9:00 Beauty Salon 14 9:00 WALKING CLUB 9:30 TRIP TO RICHMOND METRO ZOO (SIGN UP WITH THE CONCIERGE) (MEET IN THE LOBBY) 1:00 FITNESS WITH SUE (Exercise Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 2:30 SPRINGDALE WELCOMES OUT OF TIME (THE BISTRO) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK)	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 15 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 SOCIAL HOUR OUTSIDE WITH CORNHOLE COMPETITION (OUTSIDE BACK PATIO) 6:00 MEXICAN TRAIN (COFFEE NOOK)	1:30 AFTERNOON MOVIE - SARAH'S OIL (SIGN UP REQUIRED) (THEATER) 16
1:30 AFTERNOON THEATER- THE RAINMAKER (SIGN UP REQUIRED) (THEATER) 17 3:00 Bingo! (THE BISTRO)	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 18 10:30 BIBLE STUDY WITH MRS. LINDA (Private Dining Room) 1:00 FOREFRONT DINING SERVICES MEETING (Private Dining Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 LIBBY MCNAMEE- SUSANNA'S MIDNIGHT RIDE LECTURE (SIGN UP WITH THE CONCIERGE) (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	RECYCLE DAY FOR COTTAGES 9:00 WALKING CLUB 19 10:30 OLDIE BUT A GOODIE MOVIE- BAREFOOT CONTESSA (SIGN UP REQUIRED) (THEATER) 1:00 FITNESS WITH SUE (Exercise Room) 1:30 SPRINGDALE BOOK CLUB (Private Dining Room) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 IT TOUCH TOWN TRAINING WITH JERRY (THE PUB) 7:00 BINGO	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 20 10:30 ACRYLIC JIGSAW PUZZLE SUNCATCHER (SIGN UP WITH THE CONCIERGE) (ARTS AND CRAFTS ROOM) 1:00 LINE DANCING WITH RENEE (THE BISTRO) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:00 WINE & CHEESE (THE PUB)	HAPPY BIRTHDAY KAYDEE PUFFER 9:00 Beauty Salon 21 9:00 WALKING CLUB 11:30 LUNCH BUNCH RIPTIDES (SIGN UP WITH THE CONCIERGE) (MEET IN THE LOBBY) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 OUTSIDE GARDEN PARTY (IN THE GARDENS) 3:30 SPINNER DOMINOES (SIGN UP REQUIRED) (ARTS AND CRAFTS ROOM)	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 22 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 1:00 FOREFRONT DINING MENU PLANNING COMMITTEE (Private Dining Room) 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	1:30 AFTERNOON MOVIE- THE DAY LINCOLN WAS SHOT (SIGN UP REQUIRED) (THEATER) 23
1:30 AFTERNOON THEATER- MIGRATION (SIGN UP REQUIRED) (THEATER) 24 3:00 Bingo! (THE BISTRO)	Memorial Day 11:00 MEMORIAL DAY COOKOUT LUNCH BUFFET (THE BISTRO) 25	9:00 WALKING CLUB 26 10:30 DEVOTIONS WITH PASTOR DON (Private Dining Room) 11:30 JOY SINGERS OF CHESTER UNITED METHODIST CHURCH (THE BISTRO) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:00 TOWN HALL MEETING (THE BISTRO) 7:00 BINGO	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 27 10:30 OLDIE BUT A GOODIE MOVIE- A RIVER RUNS THROUGH IT (SIGN UP REQUIRED) (THEATER) 1:15 SKINQUARTER STRAWBERRY PICKING (SIGN UP WITH THE CONCIERGE) (MEET IN THE LOBBY) 2:00 BALANCE/YOGA CLASS (Exercise Room)	9:00 Beauty Salon 28 9:00 WALKING CLUB 1:00 ICE CREAM SUNDAY PARTY (OUTSIDE BACK PATIO) 2:00 FITT EXERCISE CLASS (Exercise Room) 3:30 SKIPBO GROUP (SIGN UP REQUIRED) (COFFEE NOOK)	8:00 CONTINENTAL BREAKFAST (COFFEE NOOK) 29 9:00 WALKING CLUB 10:00 WEEKLY SHOPPING TRIP 2:00 BALANCE/YOGA CLASS (Exercise Room) 3:30 SOCIAL HOUR (THE PUB) 6:00 MEXICAN TRAIN (COFFEE NOOK)	8:30 LUCY CORR YARD SALE (Outside) 30 1:30 AFTERNOON MOVIE- THE DEVIL WEARS PRADA (SIGN UP REQUIRED) (THEATER)
1:00 NATIONAL MACARON DAY (THE BISTRO) 31 1:30 AFTERNOON THEATER- JULIE & JULIA (SIGN UP REQUIRED) (THEATER) 3:00 Bingo! (THE BISTRO)						

May 2026

INDEPENDENT LIVING Sandra Beam, Director of Health Services 804-706-5677

