

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



May Adult Day Center Activities Calendar

1
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Indoor Hockey
 10:45 50 States in 50 Fridays
 11:30 Friendly Fact Time
2:00 Kentucky Derby Social
 3:15 Mindful Art
 4:00 Friday at the Movies
 4:45 Free Time Activities

2 DAILY SCHEDULE

MORNING SNACK
 BETWEEN 10 AM & 10:30 AM
LUNCH
 12:00 PM TO 1:00 PM
AFTERNOON SNACK
 BETWEEN 3:00 PM & 3:30 PM
REST PERIOD
 1:00 PM TO 1:45 PM

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ALL ACTIVITIES ARE SUBJECT TO CHANGE

4
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Feel-Good Fitness
 10:45 Craft: Spring Flowers
 11:30 Midday Mind Games
 2:00 Healing Sounds
 3:15 Whack-a-Mole Game
 4:00 Star Wars Trivia
 4:45 Free Time Activities

5
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Movie Matinee
 10:00 **Outing: Sugar Shack**
 11:30 Mind Munchies
 2:00 Afternoon Stretch
 3:00 Cinco de Mayo Fiesta
 4:00 Funny Animal Videos
 4:45 Free Time Activities

6
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Move & Groove
 10:45 Healthcare Heros' Day
 11:30 Table Talk Trivia
2:00 Mary Stella Sings
 3:15 Football Toss
 4:00 Relax and Refresh
 4:45 Free Time Activities

7
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Balloon Volleyball
 10:45 BINGO!
 11:30 Lunchtime Trivia
 2:00 Taste Test Thursday
 3:00 Blackjack
 4:00 Sunshine Club
 4:45 Free Time Activities

8
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Drum Circle
 10:45 50 States in 50 Fridays
 11:30 Friendly Fact Time
2:00 Mother's Day Social
 3:15 Mindful Art
 4:00 Friday at the Movies
 4:45 Free Time Activities



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11
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Feel-Good Fitness
 10:45 Craft: Windchimes
 11:30 Midday Mind Games
 2:00 Healing Sounds
 3:15 Hungry Hippo Game
 4:00 Categories Challenge
 4:45 Free Time Activities

12
 8:00 Morning Mingle
 9:45 Daily Chronicle
 10:00 Movie Matinee
 10:15 **Outing: Joy Ride**
 11:30 Mind Munchies
 2:00 Afternoon Stretch
 3:00 Memory Café
 4:00 Big Word Little Word
 4:45 Free Time Activities

13
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Move & Groove
 10:45 Sweet as Apple Pie Day
 11:30 Table Talk Trivia
2:00 Joe Loschiavo Plays Piano
 3:15 Indoor Fishing
 4:00 Relax and Refresh
 4:45 Free Time Activities

14
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Balloon Volleyball
 10:45 BINGO!
 11:30 Lunchtime Trivia
 2:00 Taste Test Thursday
 3:00 Penny Ante
 4:00 Sunshine Club
 4:45 Free Time Activities

15
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Indoor Hockey
 10:45 50 States in 50 Fridays
 11:30 Friendly Fact Time
 2:00 **May Day Space Social**
 3:15 Mindful Art
 4:00 Friday at the Movies
 4:45 Free Time Activities

16 ADULT DAY CENTER DIRECTOR
 BAILEY PETER, CTRS, CDP
ADULT DAY CENTER SUPERVISOR
 LINDSAY JONES
PROGRAM COORDINATORS
 KAITLYN HORNER
 COLLEEN NISEWONGER
 JAYLEAN CASSADA
 DESTINY WHITE

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FREE TIME ACTIVITIES
 AVAILABLE OPTIONS INCLUDE:
 -WORD GAMES
 -TABLE GAMES
 -PUZZLES

18
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Feel-Good Fitness
 10:45 Craft: Patriotic Suncatcher
 11:30 Midday Mind Games
 2:00 Healing Sounds
 3:15 Horse Racing Game
 4:00 Guess the Sound
 4:45 Free Time Activities

19
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Morning Stretch
 11:00 Movie Matinee
 11:00 **Outing: River City Diner**
 2:00 Faith & Fellowship
 3:00 Memory Cafe
 4:00 This or That Game
 4:45 Free Time Activities

20
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Move & Groove
 10:45 Floral Fun Day
 11:30 Table Talk Trivia
2:00 Tom May Plays Flute
 3:15 Table Bowling
 4:00 Relax and Refresh
 4:45 Free Time Activities

21
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Balloon Volleyball
 10:45 BINGO!
 11:30 Lunchtime Trivia
 2:00 Taste Test Thursday
 3:00 Higher or Lower
 4:00 Sunshine Club
 4:45 Free Time Activities

22
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Drum Circle
 10:45 50 States in 50 Fridays
 11:30 Friendly Fact Time
 2:00 **Memorial Day Social**
 3:15 Mindful Art
 4:00 Friday at the Movies
 4:45 Free Time Activities



24/31



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ADC Closed

26
 8:00 Morning Mingle
 9:45 Daily Chronicle
 10:00 Movie Matinee
 10:15 **Outing: Joy Ride**
 11:30 Mind Munchies
 2:00 Afternoon Stretch
 3:00 Memory Cafe
 4:00 Jeopardy Game
 4:45 Free Time Activities

27
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Move & Groove
 10:45 Nothing to Fear Day
 11:30 Table Talk Trivia
2:00 Buzzy Lawler Sings
 3:15 Cornhole
 4:00 Relax and Refresh
 4:45 Free Time Activities

28
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Balloon Volleyball
 10:45 BINGO!
 11:30 Lunchtime Trivia
 2:00 Universal Yums Box
 3:00 Name That Tune
 4:00 Sunshine Club
 4:45 Free Time Activities

29
 8:00 Morning Mingle
 9:45 Daily Chronicles
 10:00 Indoor Hockey
 10:45 50 States in 50 Fridays
 11:30 Friendly Fact Time
 2:00 **Ice Cream Social**
 3:15 Mindful Art
 4:00 Friday at the Movies
 4:45 Free Time Activities

30 CONTACT US

ADULT DAY CENTER
 804-706-5695
LUCY CORR MAIN LINE
 804-748-1511
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 6800 LUCY CORR BLVD.
 CHESTERFIELD, VA 23832