

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 9:00 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 2:30 Church Service: Faith Landmark Church [MA]	2 9:00 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 All About March [FH] 11:30 Categories [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR] 6:30 Sherriff's Bingo [MA]	3 9:00 Daily Chronicle Pass [AN] 10:30 Bean Bag Toss [FH] 11:00 Higher or Lower [FH] 11:15 Craft: Rainbow Suncatchers [FH] 2:00 Unit Cozy Connections [RTR] 2:30 Resident Council [FH] 4:00 Friendly Visits [RTR]	4 POUND CAKE DAY 9:00 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Coffee & Ice Breakers [FH] 11:30 History of Pound Cake and Tasting [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR]	5 CHEESE DOODLE DAY 9:00 Daily Chronicle Pass [AN] 10:30 Exercise Wheel [FH] 11:00 Karaoke! [FH] 11:30 Pennies In [FH] 2:30 Manicures & Music & Cheese Doodles [FH] 4:00 Friendly Visits [RTR]	6 OREO COOKIE DAY 9:00 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 11:00 History of Oreos [FH] 11:30 Oreo Taste Test [FH] 2:00 Bingo Store On Wheels Matoaca, Midlo, Dale 4:00 Friendly Visits [RTR]	7 9:00 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 2:30 Jamie Lloyd Performs [FH]
8 9:00 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 10:30 Music and Movement [FH] 11:00 Brain Teasers [FH] 2:30 Church Service: Mt. Gillelan Church [MA]	9 BARBIE DAY 9:00 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 History of Barbie [FH] 11:30 Barbie Trivia [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR]	10 9:00 Daily Chronicle Pass [AN] 10:30 Throwback Dance Class [FH] 11:00 Stick Man [FH] 11:15 Craft: Bracelet Making [FH] 2:00 Midlothian Joy Ride [O] 2:30 Horseracing [FH] 4:00 Friendly Visits [RTR]	11 9:00 Daily Chronicle Pass [AN] 10:30 Dear Abby [FH] 11:30 Lucky Charms Trail Mix & History [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR] 6:30 John Ellis Performs [FH]	12 GIRL SCOUT COOKIE DAY 9:00 Daily Chronicle Pass [AN] 10:30 Exercise [FH] 11:00 History of Girl Scouts [FH] 11:30 Girl Scout Cookie Tasting [FH] 2:00 Dale Joy Ride [O] 2:30 David Wolfe Performs [FH] 4:00 Friendly Visits [RTR]	13 9:00 Daily Chronicle Pass [AN] 10:30 Chair Yoga [FH] 11:00 Manicures & Music [FH] 2:30 Outing: Dollar Tree [O] 2:00 Movie Matinee [FH] 4:00 Friendly Visits [RTR]	14 9:00 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 2:30 Magazine Hunt, Music, and Masterpiece Makers [FH]
15 9:00 Packet/Devotional Pass [RTR] 10:30 Catholic Communion [RTR] 10:30 Music and Movement [FH] 11:00 Brain Teasers! [FH] 2:30 Church Service: Amazing Grace World Fellowship [MA]	16 9:00 Daily Chronicle/Rise & Shine [AN] 10:30 Exercise Circle [FH] 11:00 Pass the Pot of Gold [FH] 11:30 Coffee, Current Events, & Treats [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR]	17 ST PATRICK'S DAY 9:00 Daily Chronicle Pass [AN] 10:30 Basketball [FH] 11:00 March Madness Begins! [FH] 11:15 Craft: Shamrock Wreath [FH] 2:30 St. Patrick's Day Party! [FH] 4:00 Friendly Visits [RTR]	18 9:00 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 How Am I Lucky? [FH] 11:00 No Bake: Shamrock Pie [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR]	19 LETS LAUGH DAY 9:00 Daily Chronicle Pass [AN] 10:30 Seated Kickboxing [FH] 11:00 Jokes and Riddles [FH] 11:30 Penny Ante [FH] 2:30 Resident Council [FH] 2:30 Friendly Visits [RTR]	20 FIRST DAY OF SPRING 9:00 Daily Chronicle Pass [AN] 10:30 Kevin Salyer Performs [FH] 11:30 Chair Yoga [FH] 2:30 Favorite Things: Spring [FH] 3:00 March Bidding Bash [FH] 4:00 Friendly Visits [RTR]	21 9:00 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 2:00 Bingo MD/MT [FH] 3:15 Bingo D/B [DALE DINING]
22 9:00 Packet/Devotional Pass [AN] 10:30 Catholic Communion [RTR] 10:30 Music and Movement [FH] 11:00 Brain Teasers [FH] 2:30 Church Service: New Hope Church [MA]	23 CHIPS AND DIP DAY 9:00 Daily Chronicle/Rise & Shine [AN] 10:30 Cardio Drumming [FH] 11:30 Would you Rather? [FH] 2:30 DipMania [D/FH] 3:00 Bingo [D/FH] 4:00 Friendly Visits [RTR]	24 9:00 Daily Chronicle Pass [AN] 10:30 You Choose Exercise [FH] 11:00 Brain Games [FH] 11:15 Craft: Marble Shamrock [FH] 2:00 Matoaca Joy Ride [O] 2:30 Buzzy Lawler Performs [FH] 4:00 Friendly Visits [RTR]	25 9:00 Daily Chronicle Pass [AN] 10:30 Exercise with Sue [FH] 11:00 Virtual Travel [FH] 11:30 Universal Yums Box [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR] 7:00 European Wind Ensemble [MA]	26 9:00 Daily Chronicle Pass [AN] 10:30 Scarf Exercise [FH] 11:00 Outing: Panera [O] 11:00 Price is Right [FH] 11:30 Wheel or Fortune [FH] 2:30 Horseracing [FH] 4:00 Friendly Visits [RTR]	27 9:00 Daily Chronicle/Rise & Shine [AN] 10:30 Chair Yoga [FH] 11:00 Urban Myths [FH] 11:30 Caring Cards [FH] 2:30 Paint and Sip [FH] 4:00 Friendly Visits [RTR]	28 9:00 Daily Chronicle Pass [AN] 10:30 Balloon Volleyball [FH] 11:00 Linked Senior [FH] 2:30 Movie Matinee [FH]
29 9:00 Packet/Devotional Pass [AN] 10:30 Catholic Communion [RTR] 10:30 Music and Movement [FH] 11:00 Brain Teasers [FH] 2:30 Church Service: Nazarene Church [MA]	30 9:00 Daily Chronicle Pass [AN] 10:30 Exercise Circle [FH] 11:00 Roll a Rainbow [FH] 11:30 Name 5 [FH] 2:30 Bingo [D/FH] 4:00 Friendly Visits [RTR]	31 9:00 Daily Chronicle Pass [AN] 10:30 Corn Hole [FH] 11:00 Brain Games [FH] 11:15 Manicures & Music [FH] 2:30 March Birthday Party [FH] 4:00 Friendly Visits [RTR]	LOCATION KEY AN—All Neighborhoods RTR—Room to Room MA—Mast Auditorium FH—Fellowship Hall O—Outing D—Dale MD—Midlothian MT—Matoaca		<div style="text-align: center;"> <h1>MARCH 2026</h1> <h1>HCC ACTIVITY</h1> <h1>CALENDAR</h1> <p>*ALL ACTIVITIES ARE SUBJECT TO CHANGE*</p> </div>	
			ACTIVITIES TEAM: Director: Kayla Roane : CTRS Kellie Morris Selena Nixon Catherine Heard Jasmine Bryant Tonia Calloway Jessica White			