

MAY 2024

HEALTHCARE ACTIVITIES

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Color Key: Red-Special Events/Music/Entertainment/Church/Outings/Store Green-Bingo **NOTE ALL ACTIVITIES ARE SUBJECT TO CHANGE**	Key: AN: All Neighborhoods RTR: Room to Room MA: Mast Auditorium MT: Matoaca MD: Midlothian B:Bermuda	FH: Fellowship Hall C: Courtyard CH: Clover Hill CP: Chapel O: Outing D: Dale	1 9:30 Rise & Shine /AN 10:30 Morning Exercise /FH 10:45 Daily Chronicle /RtR 11:00 National Chocolate Parfait Day /FH 11:30 Chocolate What Am I? /FH 2:30 Bingo /MA 3:30 Hydration Cart /RtR	2 9:30 Rise & Shine /AN 10:30 Current Events & Lets Get Moving /FH 11:00 Cornhole /FH 11:00 Men's Club /FH 2:30 Sports Games Stations /MA	3 9:30 Rise & Shine /AN 10:30 Balloon Volleyball /FH 11:00 Craft-Kentucky Derby Hats/FH 11:00 Fresh Air Friday 2:30 John Ellis Performs /MA 3:00 Activity Cart /RtR	4 9:30 Rise & Shine /AN 11:00 New Life Gospel Band /MA 2:30 Horseracing /FH
5 9:30 Rise & Shine /AN 10:30 Catholic Communion /RtR 11:00 Sunday Devotionals /RtR 2:30 Faith Landmark Church Service / MA	6 9:30 Rise & Shine /AN 10:30 Music Therapy /FH 10:45 Daily Chronicle /RtR 11:30 Darts /FH 2:30 Bingo /FH/D 3:00 Pet Therapy Auggie-CH/D/B/RtR 6:30 Bingo w/ Sherriff's /MA	7 9:30 Rise & Shine /AN 10:30 Chair Yoga & Travelogue for National Tourist Day /FH 11:00 Popsicle Stick Craft /FH 11:00 Gardening /C 2:00 Joy Ride: Dale /O 2:30 May Bidding Bash /MA	8 9:30 Rise & Shine /AN 10:30 Morning Exercise /FH 10:45 Daily Chronicle /RtR 11:00 Coffee & Donuts & Reminiscing /FH 2:30 Bingo /FH/D 3:30 Hydration Cart /RtR 6:30 Bracey Junction Band /MA	9 9:30 Rise & Shine /AN 10:30 Giant Games /FH 11:00 Reminiscing: All About Our Mothers /FH 2:00 Chesterfield History Tour/O 2:30 Woodland Pond Garden Club Floral Arranging /FH	10 9:30 Rise & Shine /AN 10:30 Bowling /FH 11:00 Family Feud /FH 11:00 Fresh Air Friday 11:30 Name That Tune /FH 2:00 Lucy Corr Store /FH 2:00-Dale 2:30- Midlothian 3:00-Matoaca	11 9:30 Rise & Shine /AN 11:00 Music & Movement /CH 2:30 Bible Study with Beverly /FH
12 9:30 Rise & Shine /AN 10:30 Catholic Communion /RtR 11:00 Sunday Devotionals /RtR 2:30 Mother's Day Tea /MA	13 9:30 Rise & Shine/AN 10:30 Claudia Carawan Performs 1950s Hits /FH 2:30 Bingo /FH/D 3:00 Pet Therapy-Auggie - MD/MT /RtR	14 9:30 Rise & Shine /FH 10:30 1950s Record Decorating Craft w/ Staff /MA 2:30 Ice Cream Truck / Outside CH	15 9:30 Rise & Shine/AN 10:30 Morning Exercise /FH 11:00 1950's Trivia Games & Root Beer Floats /FH 2:30 Bingo /MA 3:30 Hydration Cart /RtR	16 9:30 Rise & Shine /AN 10:30 Wildlife Animal Exhibit /MA 2:30 Teeny Tiny Petting Zoo/ Outside CH	17 9:30 Rise & Shine /AN 10:30 Kevin Sings the 1950s Classics /FH 12:00 1950s Luncheon /MA 2:30 1950s Packet Pass /RtR	18 9:30 Rise & Shine /AN 11:00 Reminiscing /CH 2:30 Horseracing /FH
19 9:30 Rise & Shine /AN 10:30 Catholic Communion /RtR 11:00 Pet Therapy-Vader /B/D/CH/RtR 2:30 Amazing Grace Church /MA	20 9:30 Rise & Shine/AN 10:30 Music Therapy /FH 10:45 Daily Chronicle /RtR 11:30 National Rescue Dog Day -Name That Dog /FH 2:30 Bingo /FH/D 3:30 Hydration Cart /RtR	21 9:30 Rise & Shine /AN 10:30 Chair Yoga & Word Game /FH 11:00 Reminiscing: 1950s /FH 11:00 Gardening /C 2:00 Joy Ride: Midlothian /O 2:30 May Paint & Sip /MA	22 9:30 Rise & Shine/AN 10:30 Morning Exercise /FH 10:45 Daily Chronicle /RtR 11:00 No Bake- Fruit Parfaits /FH 11:30 Share Good Stories /FH 2:30 Bingo /MA 3:30 Hydration Cart /RtR	23 9:30 Rise & Shine /AN 10:30 Ice Breakers Dice Game /FH 11:00 Yum Yum Box /FH 2:30 Resident Council /FH 2:30 Sensory Stimulation /RtR	24 9:30 Rise & Shine /AN 10:30 Humor Therapy/FH 11:00 Name 5 /FH 11:30 Parachute Game /FH 11:00 Fresh Air Friday Lucy Corr Store /FH 2:00-Matoaca 2:30-Dale 3:00-Midlothian	25 9:30 Rise & Shine AN 11:00 Horseracing /FH 2:30 Bingo /D 3:30 Bingo /FH
26 10:30 Catholic Communion /RtR 11:00 Sunday Devotionals /RtR 2:30 New Hope Church /MA	27 	28 9:30 Rise & Shine/FH 10:30 Chair Yoga & Word Game /FH 11:00 Red White & Blue Craft /FH 11:00 Gardening /C 2:00 Joy Ride: Matoaca /O 2:30 James Curry Performs /MA	29 9:30 Rise & Shine/AN 10:30 Exercise with Sue /FH 10:45 Daily Chronicle /RtR 11:00 No Bake- Red/ White/Blue Snacks /FH 11:30 Reminiscing:Memorial Day /FH 2:30 Bingo /FH/D 3:30 Hydration Cart /RtR	30 9:30 Rise & Shine /AN 10:30 This Week in History & Exercise Class /FH 11:00 Fact or Crap /FH 11:30 Uno /FH 2:00 5 Below /O 2:30 Memorial Presentation /MA	31 9:30 Rise & Shine /AN 10:30 Balloon Volleyball /FH 11:00 Finish the Saying /FH 11:00 Fresh Air Friday 11:30 Hymn Singing /FH 2:00 Movie Matinee /FH 2:30 Snack Cart /RtR	Activities Team: Activities Director Tina Butler, CTRS, CBIS, CDES Activities Coordinators Beverly Miller Kellie Morris Selena Nixon Jennifer Zapata Kayla Roane, CTRS