





SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>31</div> <div>ADULT DAY CENTER DIRECTOR BAILEY STAPLES, CTRS, CDP ADULT DAY CENTER MANAGER DIONE JONES PROGRAM COORDINATORS SHEILA FISHER KAITLYN HORNER STEPHANIE LEWIS SHERNETTE CUTTER</div>	<div>March 2024 Adult Day Center</div> <div>Activities Calendar</div>					<div>1</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 BINGO! 11:15 Welcome to March: Facts and Trivia 2:00 Share a Smile Day Social! 3:30 Movement & Music 4:00 Finish the Analogies 4:45 Free Time Activities</div>
<div>3</div> <div></div>	<div>4</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 Creative Expressions 11:15 Fun Facts About Names Day 2:00 Movin' & Groovin' 2:45 Let's Play BINGO! 4:00 First Letter, Last Letter 4:45 Free Time Activities</div>	<div>5</div> <div>9:00 Good News & Coffee 9:30 Music & Soccer Circle 10:15 Craft: Glitter Mugs 11:15 Devotions, Hymn Sing and Fellowship 2:00 National Oreo Day! 3:15 Tai Chi Tuesday 4:00 Pictionary 4:45 Free Time Activities</div>	<div>6</div> <div>9:00 Good News & Coffee 9:30 Sit and Be Fit! 10:00 Outing: Joy Ride to Krispy Kreme Donuts! 2:00 Mary Stella Performs 3:15 Workout Wednesday 4:00 Fill in the Blanks 4:45 Free Time Activities</div>	<div>7</div> <div>9:00 Good News & Coffee 9:30 Yoga Circle 10:15 Paint & Sip 11:15 National Cereal Day! 2:00 Sweating to the Oldies 2:45 National Peanut Butter Clusters: Let's Bake! 4:00 Word Pyramid 4:45 Free Time Activities</div>	<div>8</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 BINGO! 11:15 International Women's Day 2:00 Mattel Barbie Social: Wear Pink! / FR 3:30 Movement & Music 4:00 10 Chances Word Games 4:45 Free Time Activities</div>	<div>9</div> <div>CONTACT US ADULT DAY CENTER 804-706-5657 LUCY CORR MAIN LINE 804-748-1511 ADDRESS 6800 LUCY CORR BLVD. CHESTERFIELD, VA 23832</div>
<div>10</div> <div>DAILY SCHEDULE MORNING SNACK BETWEEN 9:15 AM AND 9:45 AM LUNCH 11:45 AM TO 12:45 PM AFTERNOON SNACK BETWEEN 3:00 PM AND 3:30 PM REST PERIOD 1:00 PM TO 1:45 PM</div>	<div>11</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 Creative Expressions 11:15 History of the Girl Scouts 2:00 Movin' & Groovin' 2:45 Let's Play BINGO! 4:00 Target Letter Game 4:45 Free Time Activities</div>	<div>12</div> <div>9:00 Good News & Coffee 9:30 Music & Noodleball Circle 10:15 Craft: Flower Pots 11:15 Devotions, Hymn Sing and Fellowship 2:00 National Plant a Flower Day 3:00 Music Therapy w/ Christina 4:00 Word Unscramble 4:45 Free Time Activities</div>	<div>13</div> <div>9:00 Good News & Coffee 9:30 Sit and Be Fit! 10:15 Trivia Time! 11:15 Outing: Lunch at Dante's 2:00 RVA Goats: Cuddles and Photos! 3:15 Workout Wednesday 4:00 St. Patrick's Anagrams 4:45 Free Time Activities</div>	<div>14</div> <div>9:00 Good News & Coffee 9:30 Yoga Circle 10:15 Paint & Sip 11:15 National Learn About Butterflies Day 2:00 Sweating to the Oldies 2:45 Potato Chip Taste Test 4:00 Name 10 4:45 Free Time Activities</div>	<div>15</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 BINGO! 11:15 All About St. Patrick's Day 2:00 St. Patrick's Day Social / FR 3:30 Movement & Music 4:00 Which Word Fits? 4:45 Free Time Activities</div>	<div>16</div> <div></div>
<div>17</div> <div></div>	<div>18</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 Creative Expressions 11:15 Spring Equinox 2:00 Movin' & Groovin' 2:45 Let's Play BINGO! 4:00 Odd Word Out 4:45 Free Time Activities</div>	<div>19</div> <div>9:00 Good News & Coffee 9:30 Music & Parachute Circle 10:15 Craft: Cherry Blossoms 11:15 Devotions, Hymn Sing and Fellowship 2:00 Universal Yums 3:15 Tai Chi Tuesday 4:00 Scattergories 4:45 Free Time Activities</div>	<div>20</div> <div>9:00 Good News & Coffee 9:30 Sit and Be Fit! 10:00 Outing: Joy Ride 2:00 Joe Loschiavo on the Piano / FR 3:15 Workout Wednesday 4:00 Finish the Saying 4:45 Free Time Activities</div>	<div>21</div> <div>9:00 Good News & Coffee 9:30 Yoga Circle 10:15 Paint & Sip 11:15 Rosie the Riveter Day! 2:00 Sweating to the Oldies 2:45 Tik Tok Thursday Games 4:00 A to Z 4:45 Free Time Activities</div>	<div>22</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 BINGO! 11:15 National Flower Day 2:00 Welcome to Spring Social! / FR 3:30 Movement & Music 4:00 Simple Synonyms 4:45 Free Time Activities</div>	<div>23</div> <div>FREE TIME ACTIVITIES AVAILABLE OPTIONS INCLUDE: -WORD GAMES -TABLE GAMES -PUZZLES -NEWS -MAGAZINES</div>
<div>24</div> <div>LOCATION KEY FR: FRIENDSHIP ROOM ADC: ADULT DAY CENTER MA: MAST AUDITORIUM *ALL ACTIVITIES ARE SUBJECT TO CHANGE*</div>	<div>25</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 Creative Expressions 11:15 World Theater Day 2:00 Movin' & Groovin' 2:45 Let's Play BINGO! 4:00 Choose the Correct Missing Word 4:45 Free Time Activities</div>	<div>26</div> <div>9:00 Good News & Coffee 9:30 Music & Exercise Circle 10:15 Craft: Hats 11:15 Devotions, Hymn Sing and Fellowship 2:00 National Hat Day Photoshoot 3:00 Music Therapy w/ Christina 4:00 Roll A Word 4:45 Free Time Activities</div>	<div>27</div> <div>9:00 Good News & Coffee 9:30 Sit and Be Fit! 10:15 Trivia Time! 11:15 Outing: Picnic at the Park! 2:00 Conner from Blossoming Roots Flower Farm Presentation 3:15 Workout Wednesday 4:00 Solve the Riddles 4:45 Free Time Activities</div>	<div>28</div> <div>9:00 Good News & Coffee 9:30 Yoga Circle 10:15 Paint & Sip 11:15 Barnum & Bailey Day 2:00 Sweating to the Oldies 2:45 Major League Baseball Opening Day: Snacks and Games! 4:00 Hangman 4:45 Free Time Activities</div>	<div>29</div> <div>9:00 Good News & Coffee 9:30 Balloon Volleyball 10:15 BINGO! 11:15 All About Easter! 2:00 Easter Social / FR 3:30 Movement & Music 4:00 Great Minds Think Alike Word Game 4:45 Free Time Activities</div>	<div>30</div> <div></div>